

INSTRUCTIONAL SKILLS LAB

Course Outline

WELCOME! 🌱

In this interactive three-day training, participants will explore and apply effective teaching strategies for adult learners. This workshop is designed for people who are experts in their field and want to develop their skills and for teach their knowledge in adult educational settings. We hope to create a supportive environment for everyone to experiment, make mistakes, and have some fun. We're so excited to learn with you!

ABOUT US 🙌

AURORA Workshops is a program of LDAY Centre for Learning, which you may know as the Learning Disabilities Association of Yukon. Since 1973, LDAY has worked to increase awareness of learning differences and disabilities. We support Yukon learners of all ages and abilities through tutoring, advocacy, and education.

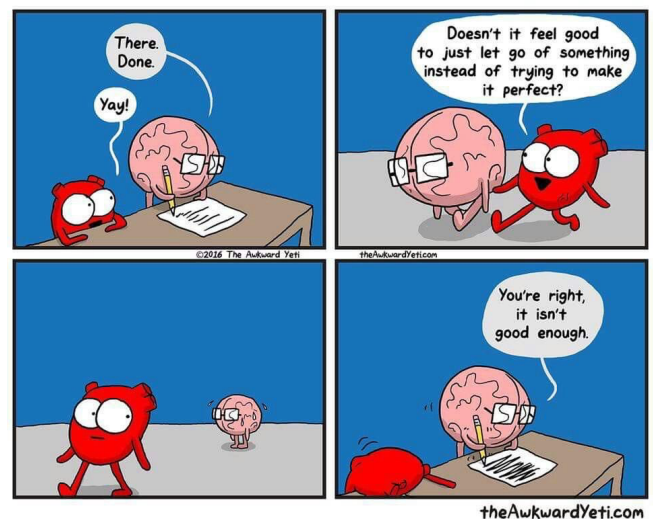
LEARNING OUTCOMES 🎯

Learning Outcomes are learner-centred statements that describe what participants should know or be able to do by the end of a workshop, lesson, or assignment.

By the end of the Instructional Skills Lab, participants will:

1. Identify strategies that create welcoming learning environments
2. Formulate specific and meaningful learning outcomes and lesson plans
3. Practice developing activities that support engagement and learning
4. Demonstrate strategies to assess participant learning

What are your personal learning outcomes for the course? Think about what you want to learn and the skills you want to practice. This will help guide your mini-lessons. This workshop is your opportunity to try something new. We don't expect perfection. Lean into what Heart says and have some fun with it.



SCHEDULE

The schedule for days 2 & 3 depend on the number of participants. Below is an example of a day with 5 participants. We'll give you an updated schedule once the course starts.

DAY 1: THEORY, DISCUSSION, AND PLANNING MINI-LESSONS <i>9:00 am – 4:30 pm</i>	
9:00 am	Welcome, introductions, choosing a lesson topic
9:40	Learning outcomes
10:30	BREAK
10:45	Belonging and pre-assessment
11:40	Sample mini-lesson
12:00 pm	LUNCH
1:00	Learning modalities and instructional strategies
2:30	BREAK
2:45	Post-assessment, reflection, and application
3:15	Overview of mini-lesson cycle
3:30	Work on lesson plan for Day 2

DAYS 2 & 3: DELIVER & GET FEEDBACK ON A 10-MINUTE MINI-LESSON <i>DAY 2: 9:00 am – 4:30 pm DAY 3: 9:00 pm – 4:00 pm</i>	
9:00 am	Welcome, giving effective feedback
9:30	Mini Lesson #1
10:10	BREAK
10:15	Mini Lesson #2
10:55	BREAK
11:00	Mini Lesson #3
11:40	Group check-in
12:00 pm	LUNCH
1:00	Mini Lesson #4
1:40	BREAK
1:45	Mini Lesson #5
2:25	BREAK
2:40	Debrief & feedback
3:15	DAY 2: Work on mini-lessons until 4:30 pm DAY 3: Closing activities until 4:00 pm

Instructors will stay in the classroom until 4:30pm on days 1 and 2.

Participants are welcome to stay to work on lesson plans and get feedback.

MINI-LESSON IDEAS

10 minutes fly by in a flash! You'll be most successful if your mini lesson topic is **SMALL** and **FOCUSSED**. Rather than thinking about how to shrink a one-hour lesson into 10-minutes, consider a topic you could explain or demonstrate in 2 minutes. On Day 1, you will learn how to surround it with structure and learner participation.

For your first mini-lesson, we suggest teaching a lesson related to a hobby or skill that is unrelated to work. Pick something you already know well so you can focus on building your lesson, rather than doing research.

Here are some ideas for your first mini lesson.

Sports & Outdoors <ul style="list-style-type: none">• Basic bicycle maintenance• Taping a hockey stick• Setting a snare• Throwing a frisbee• A safe stance for splitting wood• Steps for saddling a horse• Preparing your calf for a farm show• Distinguishing between black bears and grizzlies• Tying a hook to a fishing line• Self defence: escaping a wrist hold	Food & Gardening <ul style="list-style-type: none">• Steps for making kimchi• Making your own kombucha SCOBY• Planning a vegetable garden• Planting potatoes• Brewing peanut butter coffee on a camp stove• Making guacamole• Repotting a houseplant• Preparing beverages with medical thickeners• How to cut an onion without crying
Home & Crafts <ul style="list-style-type: none">• Picking an emergency muster point• Gift wrap like a pro• Fancy napkin folding• The significance of paper cranes in Japanese culture• Steps for painting a cabinet• Making a floral hair clip• Talking to your family about advance directives• The benefits of training your cat	Other <ul style="list-style-type: none">• Tying a bowline knot• Identifying myths about mindfulness meditation• The importance of metadata• Using your values to choose a holiday destination• Power poses and when to use them• Applying workplace accommodations• Reading a tarot card• Head and shoulders, knees and toes in French• Adjusting your chair for an ergonomic work position

MINI-LESSON CYCLE

- Each participant will instruct a 10-minute mini-lesson on days 2 and 3, for a total of 2 mini-lessons.
- Each mini-lesson cycle takes 40 minutes, which includes time for prep, delivery, reflection, and feedback.

TIME	
5 Minutes	Set-up
10 Minutes	Mini-lesson
5 Minutes	Quiet reflection and written feedback
20 Minutes	Verbal feedback and discussion

Written feedback will be recorded on sheets that look like this for each instructor to take home:

What worked well?	What could the presenter consider?